

# Class Schedule February 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 Cardio Yogatone – 12:15 Pilates – 5pm Zumba – 6:15pm	2 Tabata – 6am Bootcamp – 10:15am	3 TWOFER Bootcamp – 8am	4 Barre – 4pm
5 Muscle Pump – 6am TRX MIX – 12:15 Yogatone – 5:30pm	6 Core Blast – 8:30am Bootcamp – 12:15 HIIT – 5:30pm	7 HIIT – 6am Core Blast – 12:15 PiYo – 5:30	8 Cardio Yogatone – 12:15 Tone Up – 5:00pm	9 Tabata – 6am Bootcamp – 10:15am	10 TWOFER Bootcamp – 8am	11 Barre – 4pm
12 Muscle Pump – 6am TRX MIX – 12:15 Yogatone – 5:30pm	13 Core Blast – 8:30am Bootcamp – 12:15 HIIT – 5:30pm	14 HIIT – 6am Core Blast – 12:15 PiYo – 5:30	15 Cardio Yogatone – 12:15 Pilates – 5pm Zumba – 6:15pm	16 Tabata – 6am Bootcamp – 10:15am	17 TWOFER Bootcamp – 8am	18 Barre – 4pm
19 Muscle Pump – 6am TRX MIX – 12:15 Yogatone – 5:30pm	20 Core Blast – 8:30am Bootcamp – 12:15 HIIT – 5:30pm	21 HIIT – 6am Core Blast – 12:15 PiYo – 5:30	22 Cardio Yogatone – 12:15 Pilates – 5pm Zumba – 6:15pm	23 Tabata – 6am Bootcamp – 10:15am	24 TWOFER Bootcamp – 8am	25 Barre – 4pm
26 Muscle Pump – 6am TRX MIX – 12:15 Yogatone – 5:30pm	27 Core Blast – 8:30am Bootcamp – 12:15 HIIT – 5:30pm	28 HIIT – 6am Core Blast – 12:15 PiYo – 5:30				

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TUESDAY

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