

Class Schedule June 2018

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY			SUNDAY		
												1 Tabata – 6am HIIT – 10:15am			2			3		
4 Muscle Pump – 6am Just Balls– 12:15 Yogatone – 5:30pm			5 Core Blast– 8:30am Tabata - 5:30pm			6 Bootcamp – 6am PiYo– 5:30pm			7 Muscle Pump – 12:15 Zumba – 6:15pm			8 Tabata – 6am HIIT – 10:15am			9			10 Yoga Barre – 4pm		
11 Muscle Pump – 6am Just Balls– 12:15 Yogatone – 5:30pm			12 Core Blast– 8:30am Total Body Pilates - 12:15pm Tabata – 5:30pm			13 Bootcamp – 6am PiYo – 5:30pm			14 Muscle Pump – 12:15 Barre – 5pm Zumba – 6:15pm			15 Tabata – 6am HIIT – 10:15am			16			17		
18 Muscle Pump – 6am Just Balls– 12:15 Yogatone – 5:30pm			19 Core Blast– 8:30am Total Body Pilates - 12:15pm Tabata – 5:30pm			20 Bootcamp– 6am PiYo– 5:30pm			21 Muscle Pump – 12:15 Barre – 5pm			22 Tabata – 6am HIIT – 10:15am			23			24 Yoga Barre – 4p		
25 Muscle Pump – 6am Just Balls– 12:15 Yogatone – 5:30pm			26 Core Blast– 8:30am Total Body Pilates - 12:15pm Tabata – 5:30pm			27 Bootcamp– 6am PiYo– 5:30pm			28 Muscle Pump – 12:15 Barre – 5pm			29 Tabata – 6am HIIT – 10:15am			30					

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